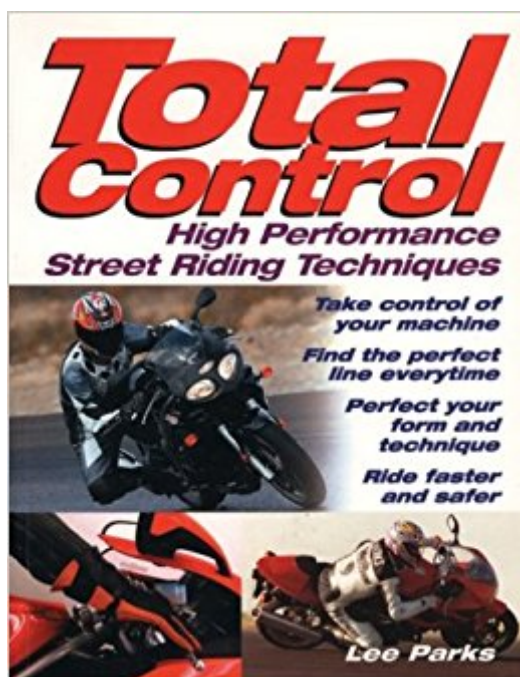


The book was found

# Total Control: High Performance Street Riding Techniques



## Synopsis

Today's super high-performance bikes are the most potent vehicles ever sold to the public and they demand advanced riding skills. This is the perfect book for riders who want to take their street riding skills to a higher level. Total Control explains the ins and outs of high-performance street riding. Lee Parks, one of the most accomplished riders, racers, authors and instructors in the world, helps riders master the awe-inspiring performance potential of modern motorcycles. This book gives riders everything they need to develop the techniques and survival skills necessary to become a proficient, accomplished, and safer street rider. High quality photos, detailed instructions, and professional diagrams highlight the intricacies and proper techniques of street riding. Readers will come away with a better understanding of everything from braking and cornering to proper throttle control, resulting in a more exciting yet safer ride.

## Book Information

Paperback: 160 pages

Publisher: Motorbooks; 1st edition (July 12, 2003)

Language: English

ISBN-10: 0760314039

ISBN-13: 978-0760314036

Product Dimensions: 8.2 x 0.5 x 10.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 327 customer reviews

Best Sellers Rank: #237,811 in Books (See Top 100 in Books) #18 in Books > Sports & Outdoors > Miscellaneous > Motorcycle Racing #41 in Books > Engineering & Transportation > Automotive > Motorcycles > Repair & Performance #57 in Books > Engineering & Transportation > Automotive > Racing

## Customer Reviews

Lee Parks has been racing for over 16 years, and he won the 2001 G.M.D. Computrack National Endurance Series Championship in the Lightweight class. He also finished 2nd in the 1994 AMA 125GP national championship in its exhibition year. He spent five years as the editor and chief test rider of Motorcycle Consumer News where he road tested every new street motorcycle available in the U.S. and became one of the top performance-testing journalists in the world. He is based in Victorville, CA.

I first met Lee at the Indy race in 2008. He seemed comfortable around the chaos and had some program on riding. Another riding course, I thought, this might be fun. Until I read the book and showed up for class. This should be the industry standard for safety training in the US. Never before has an author gone to so much trouble riding, racing, and reviewing material, then boiling it down to digestible chapters for your enjoyment. TC2 is almost a revolution since the original book was published. Many of the chapters have been refined, improved, and expanded to provide even more information on my favorite subject - riding in control.

The information in this book is excellent, valuable, and something every motorcyclist should learn. That said, as far the book design itself goes... this book really needs to be redesigned by someone who knows how to design books. It is difficult to read because of a poor font choice, leading that is too tight, and too much copy crammed in to too few pages. Despite my love of the subject I found it exhausting to read. Were the content not so engaging to me I would happily have put it down. A good editor would have helped as the book can be a bit wordy at times so revising some copy to free up some space would have been easily possible. But my design critique aside, as far as the book's content goes and what it has to teach, this is really valuable information that every rider should learn and practice and I highly recommend it.

This is a fantastic book. I've been riding for six years and it seems like Lee Parks has taken my riding to a whole new level. The chapters on Body Positioning and Low-Speed Turns are worth the price of the book alone. However I wouldn't recommend this book to a beginner. I feel David Hough's book Proficient Motorcycling is the best book out there for beginners. I know it helped me tremendously when I started riding. For me, Total Control kind of picks up where Proficient Motorcycle leaves off and builds on techniques such as counter-steering. But both are excellent books.

Solid fundamentals. good explanations. After you read this you will be more informed than 90 percent of those squibs on the streets. But there is still plenty to learn after you read this book. Personally, I think this book, or something comparable like twist of the wrist is a must.

I bought Nick Lenatsch's book Sport Riding Techniques, this book (Total Control), Proficient Motorcycling, the MSF book, and Twist of the Wrist. This is kind of a relative review of all of them. As an experienced motorcyclist coming back into it, I found the books beneficial in the order they are

listed above. For a new motorcyclist, I would say get the MSF book first, then get Sport Riding Techniques and Total Control. Before your first track day, get TOTW. Sport Riding Techniques does the best job of explaining the physics of riding a motorcycle, although it manages to do so without being overly technical. I can see how Nick's writing style might not be for everyone, though. I work in a technical job, and he and I seem to sort of think alike, so his explanations were very clear to me. If you did well in science or social science in school, you will get more out of the book than if you were a poet. Total Control is sort of a racer's perspective on street riding, and it is similar in content to Sport Riding Techniques, but I liked Sport Riding Techniques better. SRT is more detailed and more technical. They both have great information, though. I got a lot out of both of these books. Twist of the Wrist is very track focused, and I really did not find that it had a lot to offer a street rider. Keith Code is a well known instructor and I would love to go to one of his track schools, and that focus shows in his book, which is dedicated exclusively to track techniques that may or may not translate well to the street. Both Total Control and Sport Riding Techniques do a better job of discussing track technique from a street perspective. I would only recommend TOTW to people who are actually going to race, or to people who really want to explore the mental side of high performance riding, as it has kind of a martial arts book feel and goes into mental preparation and mindset more than the others. Proficient Motorcycling has lots of great information and is well written, but the production quality of my copy was terrible. Each page fell out as I turned it. I have its pages in a folder on my bookshelf, because I am not really sure what else to do with it. It is written by a very experienced motorcyclist, and it contains lots of good information, but the frustration of having the pages fall out and get out of order was really too much to tolerate. The MSF book is targeted to new riders, and it really is a good read. It talks about the mindset necessary to ride defensively, and it covers basic motorcycle control and maneuvering. If you are just getting into motorcycling, it should definitely be your first book.

Very well written by a very experienced author and his team. Good quality paper and binding. Very well serving book/guide but dedicated more to high speed riding than for a long distance tourer like myself. I purchased this book mainly for the safety aspect of good control under most situations, which yes, are also covered in the book. The competitive high speed info is good to know but not really for street riding nor my style of riding at this stage and age. Been there done it. Get it, you can learn a lot which will go a long way to increasing your riding safety.

Using this to brush up on my knowledge after a 10 year hiatus from track riding. I have read the

Keith Code books... this is better. Body positioning is important to me and this book drills home the correct way to get that job done. Also, can't wait to try the methods/steps for turning and cornering the bike. I am definitely one who tends to have my hands fight each other through a corner. The push with the left to turn left and not use any input from the right hand is a concept well explained and I am eager to experience how it will positively impact my cornering habits at my upcoming track days.

The material contained may be useful and comes highly recommended. But the writing style and constant need to be uber-hip with each chapter photo became so irritating that my husband stopped reading and refused to pick it up again. Donation pile.

[Download to continue reading...](#)

Total Control: High Performance Street Riding Techniques, 2nd Edition Total Control: High Performance Street Riding Techniques High Fiber Recipes: 101 Quick and Easy High Fiber Recipes for Breakfast, Snacks, Side Dishes, Dinner and Dessert (high fiber cookbook, high fiber diet, high fiber recipes, high fiber cooking) A Twist of the Wrist Vol. 2: The Basics of High-Performance Motorcycle Riding A Twist of the Wrist II: The Basics of High-Performance Motorcycle Riding Brain Training for Riders: Unlock Your Riding Potential with StressLess Techniques for Conquering Fear, Improving Performance, and Finding Focused Calm Riding: The Game of Polo (Riding series) Trail Riding Western Montana (Falcon Guides Trail Riding) Sport Riding Techniques: How To Develop Real World Skills for Speed, Safety, and Confidence on the Street and Track High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BI) NLP: Neuro Linguistic Programming: Re-program your control over emotions and behavior, Mind Control - 3rd Edition (Hypnosis, Meditation, Zen, Self-Hypnosis, Mind Control, CBT) NLP: Persuasive Language Hacks: Instant Social Influence With Subliminal Thought Control and Neuro Linguistic Programming (NLP, Mind Control, Social Influence, ... Thought Control, Hypnosis, Communication) Performance-Based Medicine: Creating the High Performance Network to Optimize Managed Care Relationships The Lost Art of High Performance Driving: How to Get the Most Out of Your Modern Performance Car (Speed Secrets) Chilton Total Car Care Jeep Wrangler 1987-2011 Repair Manual (Chilton's Total Care) The Total Latin Guitarist: A Fun and Comprehensive Overview of Latin Guitar Playing , Book & CD (The Total Guitarist) 100+ Word Fill In Puzzle Book For Adults: The French Style Brain Teaser Crossword Puzzles With Fill In Words Puzzles for Total Brain Workout! (A Total Brain Workout Series) (Volume 1) Bratislava y Eslovaquia

/ Bratislava and Slovakia (Guia Total / Total Guide) (Spanish Edition) Get Fit Now For High School Basketball: The Complete Guide for Ultimate Performance (Get Fit Now for High School Sports) Persuasion: Dark Psychology - Techniques to Master Mind Control, Manipulation & Deception (Persuasion, Influence, Mind Control)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)